

# March

2012

## JV & Freshman Practice Times

All Practice Times are at the Marv unless noted. All players will follow the Varsity Practice Schedule until 3/9/12.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 3:30-5:30 pm Lift: 5:30-6:30 pm	2 3:30-5:30 pm	3 Timed Run 9:00 am Lift 10:00 am
4	5 Tryouts: 5:30-7:30 pm	6 Tryouts: 5:30-7:30 pm Lift: 4:30-5:30 pm	7 Tryouts: 5:30-7:30 pm	8 Tryouts: 5:30-7:30 pm Lift: 4:30-5:30 pm	9 Tryouts: 5:30-7:30 pm	10 Lift 10:00 am
11	12 4:15-6:00 pm Tremont	13 Scrimmage	14 7:30-9:30 pm	15 4:45-6:30 pm Tremont Lift 6:30-7:30 pm	16 Spring Break Starts	17
18	19	20	21	22	23	24
25 Spring Break Ends	26 4:15-6:00 pm Tremont	27 4:15-6:00 pm Tremont	28 4:15-6:00 pm Tremont	29 Coffman Games Freshman Team needs to be at fields by 3:30 pm	30 4:15-6:00 pm Tremont	31 Lift 10:00 am

*"The only one who can tell you 'you can't' is you. And you don't have to listen."- Nike*